

DAY OF ATTUNEMENT

Finding Stability, Living in Balance

"Nourishment for body, mind, heart and soul"

**Sundays, every 4-6 weeks
10:00 a.m. - 2:00 p.m.
Potluck lunch**

**The time includes meditation, creative dialogue, attunements and a
Blessing/Healing Circle**

*Held in Montreal, Quebec or Parham, Ontario
RSVP to Judie Diamond Email: judiediamond@gmail.com*

By Donation

**~Please see www.attunement.org for some background and information
about Attunement~**

