



Attunement

AT THE HEART OF ATTUNEMENT
BURNS THE HUMAN HEART.
IT IS THE ENGINE OF
CONSCIOUSNESS, OUR LENS
THROUGH WHICH
WE UNDERSTAND
OURSELVES
AND THE WORLD
BEYOND US.

IT IS THE INSTRUMENT FOR OUR DEEPEST EXPERIENCE.
ITS WISDOM IS TIMING OF CYCLES, ITS POWER
MANIFESTS IN PULSATIONS OF GIVING AND RECEIVING.

ITS GUIDING STAR IS WHAT WE HOLD SACRED.
ITS CURRENCY IS DEVOTION.
ITS GIFT IS LOVE.

We will

Explore technique, meditate, move, and converse
Examine ways that heart drives and shapes consciousness
Experiment with changing our hearts in order to bless life connections
Create a space for love that animates a fecund spiritual life

Facillitated by Lloyd Meeker and assisted by Karen Harte

When: December 2, 2011 with dinner at 6:15 — December 4, 2011 after lunch

Where: Still Meadow Retreat

16561 SE Marna Road • Damascus, OR 97089

Cost: \$325.00

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